



TRINITY
EPISCOPAL CHURCH

THE FOURTH SUNDAY AFTER THE EPIPHANY
The Holy Eucharist: Rite Two
January 31, 2021 - 6:00pm

**Inspired by Christ, Trinity Episcopal Church strives to
love our neighbors, do justice and walk humbly with God.**

∞ Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever. Amen.**

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

Let the Redeemed of the Lord Say So

∞ The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *People* **Amen.**

The Word of God

∞ The First Reading

The People sit.

DEUTERONOMY 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words

that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader The Word of the Lord.
People **Thanks be to God.**

∞ The Gradual, Psalm 111

Hallelujah!

**I will give thanks to the Lord with my whole heart, *
in the assembly of the upright, in the congregation.**

**Great are the deeds of the Lord! *
they are studied by all who delight in them.**

**His work is full of majesty and splendor, *
and his righteousness endures for ever.**

**He makes his marvelous works to be remembered; *
the Lord is gracious and full of compassion.**

**He gives food to those who fear him; *
he is ever mindful of his covenant.**

**He has shown his people the power of his works *
in giving them the lands of the nations.**

**The works of his hands are faithfulness and justice; *
all his commandments are sure.**

**They stand fast for ever and ever, *
because they are done in truth and equity.**

**He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.**

**The fear of the Lord is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.**

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.
People **Thanks be to God.**
Please stand for the Holy Gospel.

A Change is Gonna Come

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

All stand and say together

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,**

and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

∞ The Prayers of the People, Form IV

The Leader and People pray responsively

Leader Let us pray for the Church and for the world.

Leader Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.
Lord, in your mercy . . .

People **Hear our prayer.**

Leader Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.
Lord, in your mercy . . .

People **Hear our prayer.**

Leader Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.
Lord, in your mercy . . .

People **Hear our prayer.**

Leader Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.
Lord, in your mercy . . .

People **Hear our prayer.**

Leader Comfort and heal all those who suffer in body, mind, or Spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. Lord, in your mercy . . .

People **Hear our prayer.**

Leader We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal Kingdom. Lord, in your mercy . . .

People **Hear our prayer.**

The Celebrant adds a concluding Collect.

∞ The Confession of Sin

Celebrant We pray to you also for the forgiveness of our sins.

Celebrant and People

The People stand or kneel.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

∞ The Peace

∞ Announcements

The Holy Communion

∞ The Great Thanksgiving (PRAYER B)

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

The Celebrant proceeds with the Proper Preface.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the

world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

∞ The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

**as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

∞ The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

Celebrant Alleluia! Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia!**

∞ A Prayer of Spiritual Communion

Celebrant In communion with those who are participating online, and cannot physically receive the Sacrament, we pray:

O my Jesus, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

∞ The Invitation

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died and was raised for you, and feed on him in your hearts by faith, with thanksgiving.

∞ The Communion of the People

All are welcome to receive Holy Communion. As you approach the altar area, everyone must use the hand sanitizer station before receiving communion. The consecrated hosts will be in a paper cup on the altar. As you approach the altar, please take one paper cup. Once you have consumed the communion, you will place the paper cup in the receptacle located near the altar.

Let Us Break Bread Together On Our Knees

∞ The Post Communion Prayer

BCP 365

All stand.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

∞ The Blessing

∞ The Dismissal

Deacon

Alleluia, alleluia. Let us go forth in the name of Christ.

People

Thanks be to God. Alleluia, alleluia.

ANNOUNCEMENTS AND EVENTS

Sunday at Trinity

Faith and Fiction meets at 9:00am on Zoom each Sunday. Contact Merry Toups at merryparis@yahoo.com to learn more.

12 Steps Are for Everyone meets at 9:15am on Zoom. Check member emails or contact Karen Taylor at taylorks@aol.com for Zoom access.

Godly Play meets at 10:30am on Zoom. Contact Ashley Bond at abond@trinitynola.com for Zoom access.

EYC: The Chosen, meets from 4:00pm to 5:45pm on Zoom. Contact Rev. Jane-Allison Wiggin-Nettles at jwigginnettles@trinitynola.com for Zoom access.

Stewardship at Trinity Church

We are immensely grateful for all the pledges of support received to date. Please be sure to submit your 2021 pledge as soon as possible so that we may include it in the budget planning process. If you have not yet made your pledge, please do so today at <https://trinitynola.com/pledge-form/>. Please contact Raina O'Neil, Director of Stewardship with any questions about pledging. (504) 670-2537 or roneil@trinitynola.com.

If you requested Weekly Offering Envelopes, the boxed sets were mailed to you last week. Please contact Raina O'Neil with any questions. Please note, 2020 Giving Statements will be mailed by the end of January.

Upcoming Events

The Spiritual Seekers Discussion group explores some of the biggest questions of faith, informed by short readings from recent theologians. Presently, this group meets via Zoom with the next meeting scheduled for Sunday, February 21 at 7:00pm. Contact Phyllis Raabe at praabe@tulane.edu with questions and to request Zoom access.

Trinity Treasures

It is Carnival season indeed! Trinity Treasures has lots of Mardi Gras decor to keep you and your neighbors in the Mardi Gras spirit! Shop online or in store.

We have sold out of India Stewart's gold sculptured crosses inspired by Tim Trapolin's Easter cross painting. If you would like us to order one or more for you for Easter 2021, please place this order on our website before February 15.

Trinity Treasures is now open Monday to Friday, 8:30am - 3:30pm and Sundays before and after 10:30am worship. Shop online at trinitytreasuresnola.com. Please remember that Trinity Treasures' profits go to Trinity ministries and community projects through WOTC grants.

Now Accepting Vestry Nominations (through TODAY January 31)

The Vestry Nominating Committee invites our congregation to nominate future church leaders. A Vestry term is four years and begins on June 1. Heather Lonian and Ellinor Howard are co-chairs for the committee which includes Philip Gordillo, Alice Parkerson, Will French, Debby Poitevent, Keith Crawford, Amory Levert, and Curt Flournoy. The committee will review all nominations and recommend a slate of four candidates for a vote at the annual meeting in the Spring.

Please send your nomination(s) to any of the following committee members:

Heather Lonian	hlonian@stonepigman.com	or	(617) 460-1015
Ellinor Howard	ellinor@bellsouth.com	or	(504) 231-3001
Philip Gordillo	philip_gordillo@yahoo.com	or	(504) 319-2620
Alice Parkerson	abparkerson@gmail.com	or	(504) 292-5467
Debby Poitevent	dpoitev@aol.com	or	(504) 451-0465
Keith Crawford	klc@loftingroup.com	or	(504) 717-3821
Amory Levert	amorycw@gmail.com	or	(504) 218-9071
Curt Flournoy	flournoycd@gmail.com	or	(318) 751-2062
Will French	wfrench@filmproductioncapital.com	or	(504) 905-4143

Candidates must have been a member of the church for one year, be over age 21 and have been confirmed or received into the Episcopal Church by a bishop of the church. Nominees must also have provided financial support, as confirmed by the Church's stewardship records, within six months prior to the Annual Meeting to be held in the Spring.

Expectations and responsibilities of Vestry members include:

- Regular Sunday worship
- Attendance at forums, special events and programs of the church
- Active involvement in committees and programs of the church
- Service on Vestry committees (such as finance/budget, stewardship, endowment, buildings and grounds, youth/adult education and community ministry)
- Providing leadership in stewardship activities, including an annual personal pledge
- Participation in annual budget development and review
- Support of the ministry of the Rector and staff in carrying out the mission of the church
- Attendance at monthly Vestry meetings and annual Vestry retreat
- Participate (or have participated in) anti-racism training
- Active involvement in hospitality and welcoming activities

We welcome your input in identifying parishioners who are able to serve and who are committed to advancing Trinity's mission: "Inspired by Christ, Trinity Episcopal Church strives to love our neighbors, do justice, and walk humbly with God." Thank you.



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